

Heel & Toe Mixer Variation

Calvin Campbell

Otto Wartmam does huge parties for church youth organizations. He posted [a clip](#) of one such party on his Facebook page. If you look closely at the clip you should be able to see three concentric double circles. This is a way of getting a lot of dancers on the floor. Also notice the music he uses.

[Link to video clip click here.](#)

This party was for 450 middle school students. They are not all from one church. Any one party is a combination of several churches. Most of the time he just hooks into the music system the church is using for the event. Big amps, large speakers, high volume. Otto dances them non stop for up to three hours. Otto lives in Trinity, Texas (North of Houston). He does many dozens of these kinds of parties each year mainly for the youth of Baptist and Methodist Churches.

The basic dance show on the video clip is derived from **Patty Cake Polka/Heel and Toe Polka**. Otto has modified it to be usable with middle school children in a very crowded hall.